

Bayway Catering

Weekly Specials for October 15th!

Monday

SPECIAL ENTRÉE:	Chicken Parmesan, Herb Roasted Potatoes & Veggie
FIGURE FRIENDLY:	Turkey Bolognese over Whole Wheat Pasta <i>Cal: 205 Fat: 3.2 g Carbs: 14g Protein: 35g</i>
SPECIAL SANDWICH:	Pastrami, Swiss & Caramelized Onions on a Hero
SOUP:	Chicken Tortellini (<i>Calories sm: 185 lg: 314</i>) Yankee Bean (<i>Calories sm: 280 lg: 455</i>)

Tuesday

SPECIAL ENTRÉE:	Taco Tuesday
SPECIAL SANDWICH:	Gyro
SOUP:	Roasted Cauliflower Bisque (<i>Calories sm: 185 lg: 290</i>) New England Clam Chowder (<i>Calories sm: 227.5 lg: 402</i>)

Wednesday

SPECIAL ENTRÉE:	Pasta Station
FIGURE FRIENDLY:	Whole Wheat Pasta Station
SPECIAL SANDWICH:	Chicken Quesadilla
SOUP:	Hearty Vegetable (<i>Calories sm: 191 lg: 302</i>) Chicken Noodle (<i>Calories sm: 208 lg: 278</i>)

Thursday

SPECIAL ENTRÉE:	Fish & Chips & Seasonal Veggie
FIGURE FRIENDLY:	Baked Chicken with Roasted Potato Wedges & Veggie <i>Cal: 210 Fat: 12 g Carbs: 15g Protein: 14g</i>
SPECIAL SANDWICH:	Original Cuban (Roast Pork, Ham, Swiss, Mustard & Pickles)
SOUP:	Sausage & White Bean (<i>Calories sm: 225 lg: 388</i>) Cream of Broccoli (<i>Calories sm: 205 lg: 288</i>)

Friday

SPECIAL ENTRÉE:	Chef's Choice
FIGURE FRIENDLY:	Chef's Choice
SPECIAL SANDWICH:	Fish Sandwich
SOUP:	Manhattan Clam Chowder (<i>Calories sm: 250 lg: 418</i>) Chicken & Dumpling (<i>Calories sm: 205 lg: 360</i>)

Special Entrée \$6.50, Figure Friendly Entrée \$7.50, and Special Sandwich \$6.95

Daily Offering from Salad & Hot Bar portion is weighed

View Our Catering Menu and Place an Order

Please go to our Web Site: www.phillips66.baywaycatering.com